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VAHL & VAHL—MYOFASCIAL

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dy's myofascial connective tissue system as well as the body's neuromusculoskeletal system including the spinal column, causing and contributing to structural and even segmental subluxations of the spinal column as well as in our appendages.

Conclusion

Improving our understanding of the anatomic functional logic of how the fascial tissue system works will allow us to develop new avenues of approaches in dealing with problems involving the neuromusculoskeletal system. The use of this systematic informational approach to the neuromusculoskeletal system will then allow us to better handle the neurological and biomechanical difficulties and discover a wider range of new ideas and methods with which to improve both our vision and understanding of bodily function and the effectiveness of our work as chiropractors.

The myofascial and fascial connective tissue systems' role in reducing the interrelated anatomical and functional dysfunctions, as well as the important compensations that are all involved in the chiropractic subluxation complex may even be a causative element that could play an important and necessary function in chiropractic's future success. Hence, we need to begin to open our eyes and mind to this often overlooked but very crucial structural element.

THINK ABOUT IT!

This paper is dedicated to the loving memory of J. Gordon Zink, D.O., someone who exuded the professionalism and dedication of a healer, clinician, clinical researcher and teacher. He was also someone who hoped to knock down the barriers of prejudice and ignorance between the healing professions. In addition, he was an individual who helped direct one of the authors of this article to the chiropractic profession. Like D.D. Palmer, he recognized the truth of the maxim that "the body heals itself," and that our primary goal as healers is to remove the obstacles to the process which allows this to occur. His model of care was that the practitioner should assist in the restoration of the body toward its optimal state of function, while encouraging a greater degree of efficiency of its adaptive potential. Our hope is that this article will in some small way help to encourage that dream.

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About the Speaker

Dr. Dwight Whynot is a successful private practitioner in Johnson City, Tennessee. A graduate of Logan College with a bachelor's degree from Dalhousie University, Nova Scotia, Dr. Whynot has presented before chiropractic and non-chiropractic groups with great success. He most recently spoke to a group of medical doctors at a symposium in St. Petersburg, Russia. He participated in the World Congress of Pain in Sydney in 2005 and was an invited luncheon speaker before top researchers of the world at the International Whiplash Trauma Congress in Portland, Oregon. Dr. Whynot's research paper has been accepted for presentation at the International Pain Congress in Glasgow, Scotland in 2008.

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