

# New Jersey DC helps Danish golfer in PGA Championship get back his swing

Dr. Pat Ryan, ICA member from Randolph, New Jersey, was recently featured in the *Daily Record* during the PGA championship held recently in Springfield, North Jersey.

The title of the story was "Randolph chiropractor has Bjorn's back". The reporter, Jim Namiotka, started his story with, "A Morris county chiropractor can take at least a little credit for Thomas Bjorn's record-setting round Saturday at the PGA championship." He then went on to relate how Bjorn had been unable to turn his head earlier that week till he had gone to see Dr. Ryan and been adjusted by him..

It seems that Dr. Ryan was working in his clinic on Monday when he re-

ceived a call from a friend in London who asked him if he would see his patient, a professional golfer who was playing in the PGA Championship in Springfield and was in severe pain.

Dr. Ryan said he would and soon the patient, Thomas Bjorn, drove up to his clinic. Bjorn complained of a restriction in his neck and said he was unable to turn his head properly during his swing. Ryan had received some of the patient's history from his colleague and after examining him and taking scans he ascertained that Bjorn had a subluxation of the first thoracic vertebra. Because of this he was having severe muscle spasms at the base of his neck. Dr. Ryan adjusted him, recommended



Thomas Bjorn with Dr. Pat Ryan at his clinic in New Jersey.

ice and asked him to come back the next day.

On Tuesday, Bjorn's scans showed his condition had improved from severe to mild. He said he felt much better, in fact he stated he felt "fantastic."

Three days later, on Saturday, Bjorn tied for the best round ever in a major tournament; he shot a 7-under-par 63.

Dr. Ryan said that if the subluxation had been left uncorrected it's possible

the pain could have prevented Bjorn from performing the way he did. All he [Ryan] did was help him "do his job... to do what he needed to do."

Dr. Ryan is a 1996 graduate of Life University with a family practice in Randolph, New Jersey. He became an ICA member when he was a student and has remained a member ever since.

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continued from page 6

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