

Adjusting in the Astrodome

As Hurricane Katrina raced across Louisiana, Mississippi, Alabama and parts of Florida, leaving behind an unbelievable scene of devastation and ruin, chiropractors in Texas rallied to help those who had been left homeless or been injured during their flight to safer territory. Some worked through the official channels as Zonesite in Dallas, some through their local community associations, and others with friends and family. In cities like Houston to small towns like Commerce, ev-



Dr. Randall Holmes with the orange wristband that identified them as healthcare volunteers.

everyone is pulling together to help those whose lives have been forever changed by this devastating disaster.

ICA Texas Assembly Representative Dr. R. J. Kelly and ICA member Randall Holmes from Houston were one of the first to sign up as volunteers. But everything was chaotic, as the city of Houston tried to handle the thousands who had fled to the city seeking shelter. Unable to get any response from officials supposedly in charge of relief efforts, Dr. Kelly, his son Dr. Matt, daughter Dr. Kori, and colleague Dr. Holmes, packed portable adjusting tables into their van and took off for the Astrodome where they knew thousands were being given shelter.

"I learned from Dr. Sid Williams a long time ago," said Dr. Kelly, "that if you want to do something you have to speak and act with authority." And that's what they did.

Four of them were permitted to enter the Astrodome as health care volunteers. They got their orange wrist bands, set up their tables and started



Dr. Kori Kelly spent time talking to children and listening to their stories.



ICA Assembly Representative Dr. R.J. Kelly was glad they were able to provide relief to even a fraction of the thousands of men, women and children taking shelter in the Astrodome.

adjusting — men, women and children.

"It was amazing," said Dr. Kelly, "how their attitudes changed after they were adjusted. It was like ripples in the water, just kept spreading. Most were angry, upset and even aggressive, but after we started talking to them, got them on the table and adjusted them, they were different. Many smiled, some cried, they told us their stories."

"There was this one man," related Dr. Kelly, "who stood by watching us with a scowl on his face. I went up to him and asked him if I could adjust him. For some reason I knew he was hurting. At first he refused but then changed his mind. I felt his neck and found he

was badly subluxated. After I adjusted him, he could not believe it. He was able to move his neck! Then he started talking... he was a taxi-cab driver, had lost everything and about his health problems. Suddenly he said, "And that on my neck, that was causing my seizures wasn't it? I think," added Dr. Kelly, "we made chiropractic advocate for life!"

The four DCs have no idea how many people they adjusted because the Astrodome had 15,000-20,000 staying there at one time. "What made me realize how lucky I was" said Dr. Kelly, "was one time when I was adjusting I looked up and saw my daughter and son

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402 Elevation

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