



## This and That...

Great newspaper format! Congratulations!

**Lu Elaine Johnson, D.C.**  
Tavernier, Florida

*The Chiropractic Choice*...arrived today. Thank you for putting together a beautiful oracle. It will be a beacon for informing chiropractors all over the world.

**James R. Milliron, D.C.**  
Yakima, Washington

It is refreshing to read a strictly chiropractic journal demonstrating a high caliber of editorial content. You receive my accolades.

**Charles N. Cooper, DC**  
Baltimore, Maryland

Greetings from the town where I reside in Italy. On the train from Rome I read your (McMullen/Vol. 1 No. 1) "Between the FCLB and the NBCE." It is a feeling of some relief knowing that it is not only I who has been doing some screaming from Europe about state license renewal but people as you from the ICA who are looking to resolve the problem. Best regards and stay well.

**Gary Barloro, D.C.**  
Italy

I am a former ICA member. I enjoyed your *Chiropractic Choice* publication. We really needed that. Today I want to again join ICA. Also I have a granddaughter studying chiropractic in Paris...I want her, and she agrees, to join ICA ...

**Julien F. Dalmasso, D.C.**  
Nice, France

Dear Dr. Dalmasso: Welcome back. We were very happy to get the membership applications for you and your granddaughter.

## ICA Symposium on Health & Fitness with Arnold Schwarzenegger

I recently read your article (Vol 1, No.2) regarding your recent fitness symposium. In this world we are constantly surrounded by dishonesty, deceit and an erosion of honest values. Although I'm sure your intent was honorable, I find it deplorable that you would place these steroid shooting bodybuilders on a pedestal and honor them for their contribution in "natural fitness."

Either your eyes are completely shut or you are too naïve to think for one second that bodybuilders do not use steroids. It is virtually impossible to acquire the muscular development that these men do without the enhancement of steroids.

Shame on you, one of our leading organizations, one that should be promoting a drug-free lifestyle.

**Kenneth P. Winer, D.C.**  
Woodland Hills, California

Dear Dr. Winer: Over the years, many concerned DCs have expressed similar objections to what might appear, at first glance, as ICA's toleration of the norms and trends in bodybuilding and power sports. The muscle industry has certainly been awash with dangerous drugs, and no one with any knowledge of this area will even bother to deny the depth of the problem. The fact is, however, that ICA's participation in the fitness realm was sought by Arnold Schwarzenegger and other leaders in bodybuilding to help educate athletes on the danger of drugs and promote natural fitness. ICA has mobilized an impressive group of educators and spokespeople, including Dr. Bob Goldman, author of the groundbreaking expose of the dangers of steroids, "Death in the Locker Room," and others committed to cleaning up an aspect of sports that had swung dangerously out of control.

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Arnold Schwarzenegger speaks frankly about steroid dangers, promotes natural fitness and credits chiropractic for its contribution to efforts at cleaning up bodybuilding, power lifting and other power sports. He is always the one who reminds us that there is still so much to do. Candor like Arnold's is rare.

For more than a decade, ICA's Council on Fitness and Sports Health Science has held its Annual Symposium on Natural Fitness in conjunction with the Arnold Schwarzenegger Fitness weekend to educate DCs, athletes and the public on drug dangers and the benefits of natural fitness. Featuring such fitness stars as Lee LaBrada, the legendary Bill Pearl and Denise Paglia, who made it to the top through natural training, ICA has sought to change things from **within** the industry itself. Doctors need to go where the sick people are. This is what ICA is working to do in power sports.

## GCC Elections in UK

I congratulate you on your new newspaper which I know will be well received by the profession internationally.

In Vol 1, No. 2 I would also commend you on your summation of the GCC Elections in the UK, where many of the old guard mechanists have been swept out of office and the vitalistic group have attained a more democratic and mainstream chiropractic balance.

If the younger members, up to 500 of whom did not have a vote because of a quirk in the law, had been able to vote then I believe the swing would have totally unseated the medically oriented mechanists so prevalent on the previous Council. The future is a little brighter for British Chiropractic.

**J. L. Graeme Wight, DC**  
President  
Scottish Chiropractic Association

Dear Dr. Wight: Thank you for your comments. One of the goals of "The Chiropractic Choice" is to try and keep readers informed of significant events in different countries about our profession. If we are going to be one world-wide community it is important to know what is happening to our neighbors. We felt the recent elections in the UK was newsworthy, showed current trends in your country and your colleagues in other parts of the world would be interested in knowing the outcome. We wish you all the best.

## Thoughts In – Chiropractor vs. Physician

I was fortunate to read an issue (Vol. 1 No.2) of *The Chiropractic Choice* this week. I must congratulate you on your ability and conviction to put together a thoughtful news medium. I am currently a student at Western States CC in my third year. The editorial "Chiropractic Physician, Chiropractic Medicine?" was questionable to me as a doctor in embryo. In my rebuttal I mean in no way to challenge years of experience and clinical experience...I find it offensive that I cannot use the word "physician" without being attacked on a professional level by my own colleagues. ...I have no desire to be an MD, not to practice traditional "medicine." I feel I have the right, however, to refer to myself with words associated with preserving health and curing or alleviating disease...DD and B.J. Palmer were great chiropractors, and I appreciate and respect the profound contribution they made to the world. But times do change and health care standards of care do evolve. B.J. Palmer's quote, "Medicine is not synonymous with healing in general" is false...I am looking forward to being a physician ..I do not consider that to be professional aggrandizement... I am disappointed that you feel that my position is "ludicrous " or my terminology seems "oxymoronic"...

**Spencer Erickson**  
Portland, Oregon

Dear Student Doctor Erickson; Ah, yes just as we had hoped, we have sparked an interest! Thank you for your letter which we were unable to print in entirety because of its length. Your argument on medicine/physician was well presented. But as I said, everyone has a choice and you stated yours. I do however, take exception to the statement that you are being "attacked on a professional level." If you will read my editorial again you will find there was absolutely no intent of "attack."

While I still hold the term "chiropractic medicine" to be "oxymoronic" remember that I did say "We may not all agree with B.J.'s position on "physician." You argue well as to why you do not agree. And that's the point. The choice is yours and you choose to be called a "physician." We wish you well and a very successful chiropractic future.

**Fred Barge, D.C., Ph.C.**

## WRITE TO US!

*The Chiropractic Choice* would like to hear from you. Though we may not be able to respond to everyone, your letters help us understand your thinking and the issues important to you. They keep us informed. Selected letters will be published as far as possible, as is, and only edited for length. Letters for the MAILBOX column may be e-mailed to [thechiropracticchoice@chiropractic.org](mailto:thechiropracticchoice@chiropractic.org) or mailed to: The Chiropractic Choice, 1110 N. Glebe Road, Suite 1000, Arlington, VA 22201, USA. Letters must include complete name and address of author.