

FITNESS SYMPOSIUM

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ICA Executive Director Mr. Ron Hendrickson (r) escorts Mr. Arnold Schwarzenegger to ICA's Fitness Symposium where he was welcomed with a standing ovation. After his speech, Mr. Schwarzenegger posed for a photograph with each attendee.

the profession and expressed his appreciation for ICA's ongoing presence at the Arnold Classic events each year.

This unique event, sponsored by the ICA Council on Fitness and Sports Health Science for the 11th consecutive year in conjunction with The Arnold Schwarzenegger Bodybuilding Classic and Fitness Expo, brought together top authorities in sports chiropractic with celebrities from the fitness world for a weekend of education, inspiration and communication. Speakers included body building champion and fitness star Ms. Cory Everson; chiropractor for the NFL's Baltimore Ravens, Dr. Doug Miller; Pediatrics Diplomate and author Dr. Warren Bruhl; Dr. Tom De-



A regular and popular speaker, Dr. Tom Deters, Editor of 'Muscle and Fitness' magazine lectures on how proper nutrition can enhance performance.

ters, Editor of *Muscle and Fitness*; and a special presentation by Parker President Dr. Fabrizio Mancini and fitness expert, Mr. Doug Caparrino.

The 2003 ICA Symposium was preceded by a special dinner on behalf of the Inner City Games, an after school fitness and activity program chaired by Mr. Schwarzenegger. According to their mission statement, "The Inner City Games provides programs and opportunities to enrich the lives of youth in the community." A chiropractic delegation of more than forty attended this event, during the course of which chiropractic participation in and support for this program was repeatedly acknowledged.

In addition to ICA's ongoing financial and practical support, with total ICA donations now topping the \$25,000 mark, ICA Fitness Council Chairman Dr. Gerald R. Mattia also presented Mr. Schwarzenegger with tournament used golf clubs from some of the world's top golfers, including PGA tour sensation Ernie Ells. A tournament-used club by a top golfer is worth many thousands of dollars and the Inner City Games regularly conducts celebrity auctions and events to raise funds for

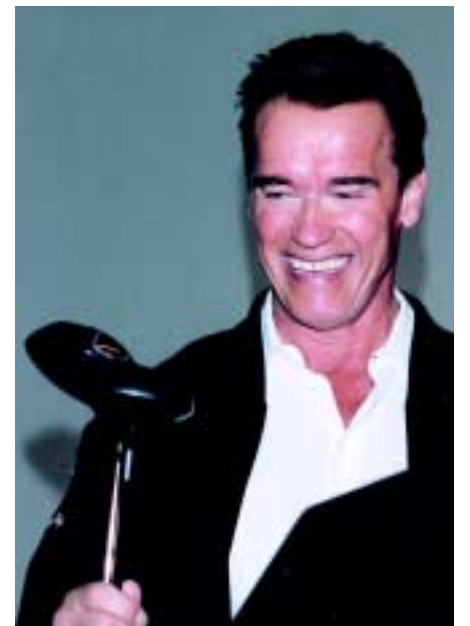


Mr. Bob Delmonteque, 80, tells the ICA group how he keeps fit. The Fitness Council presented him with an award for his outstanding leadership and commitment to the health and fitness of people of all ages.

their programs.

On making this presentation, Dr. Mattia told Arnold, "A lot of world famous athletes look up to you and respect your involvement in the community. These top golfers want to show their appreciation and support and have asked that these golf clubs be given to you to be used in any way that will support your efforts with the Inner City Games."

The ICA Natural Fitness Symposium focuses on the close relationship between fitness and health, and brings together the sport of bodybuilding and



Mr. Schwarzenegger is surprised but very pleased with the donation of clubs used by top golfers to help raise funds for his pet project — the Inner City Games. The clubs were presented to him by Fitness Council President Dr. Gerry Mattia, an avid golfer himself. Clubs used in pro tournaments are worth thousands of dollars.

chiropractic science to educate all participants on the value of natural health through exercise.

Chiropractic offers athletes of all sports a natural, drug-free way to achieve peak performance, prevent injury and maintain a rigorous training schedule. Chiropractic participation in the Arnold Schwarzenegger Fitness Weekend and Bodybuilding Classic highlights the positive and rapidly growing relationship between athletics, fitness and chiropractic.

Plans for the gala 12th Anniversary Symposium with Arnold, March 4-6th, 2004 include increased national and international attendance.

ICA MEMBERSHIP APPLICATION

Name _____ Date of Birth _____ / _____ / _____
MONTH YEAR

Office Address* _____ Suite _____

City _____ State/Province _____ Zip _____

Country _____

Office Phone (____) _____ Fax (____) _____

Home Address _____ City _____

State/Province _____ Zip _____ Country _____

Home Phone (____) _____ Email Address _____

Chiropractic College Attended _____ Grad. Date _____ / _____

Chiropractic licenses held in: _____

In active practice? Yes No Former SICA member? Yes No Former Field member? Yes No

I hereby apply for membership in the International Chiropractors Association, agreeing to abide by the Constitution, By-Laws, Code of Ethics, all amendments and regulations adopted by the Board of Directors and Officers of the Association under the provisions of the Constitution, and amendments hereafter legally adopted. I also understand that failure to remit dues will result in loss of membership, and all rights and privileges thereof.

Signature of Applicant _____ Date _____

Please charge my: VISA MasterCard American Express Enclosed is a check/money order

Account # _____ Exp. Date _____ Signature _____

MEMBERSHIP CATEGORIES:

FIELD MEMBERSHIP

First year after graduation

- Former Student ICA member (\$50 transfer fee) \$ _____
- Non-Student ICA member (\$85 yr.) \$ _____

Second year after graduation

- Former Student ICA member (\$85 yr.) \$ _____
- Non-Student ICA member (\$75 qtr./ \$300 yr.) \$ _____

Third year after graduation

- Fmr Student ICA member (\$75 qtr./ \$300 yr.) \$ _____
- Non-Student ICA member (\$150 qtr./ \$600 yr.) \$ _____

Fourth year or more after graduation

- (\$150 qtr./ \$600 yr.) \$ _____

INTERNATIONAL — OUTSIDE U.S.

- \$150 yr. (U.S.) Payment may be made by MasterCard/Visa/American Express or International Money Order. Checks drawn on Canadian Banks must have "In US Funds" written after amount. \$ _____

FACULTY — D.C.s (full-time faculty only[†])

- Voting (\$75 qtr./ \$300 yr.) \$ _____
 - Non-Voting** (\$110 yr.) \$ _____
- Teaching at (school): _____

LAY[‡] (must be sponsored by two ICA members)

- Faculty non-D.C. (\$85 yr.) \$ _____
- Chiropractic Assistant (\$85 yr.) \$ _____
- Interested individual (\$85 yr.) \$ _____

Plus \$15 non-refundable application fee \$ 15.00

STUDENT^{††} (\$30 one-time fee) \$ _____

TOTAL AMOUNT^{††} \$ _____

Return application to:
INTERNATIONAL CHIROPRACTORS ASSOCIATION
 1110 North Glebe Road, Suite 1000 • Arlington, VA 22201
 • 1-800-423-4690 or 1-703-528-5000 • Fax: 703-528-5023

* Unless otherwise requested, correspondence will be sent to your office address.
 ** Not eligible to vote in ICA elections
 † Teaching 8 or more academic hours per week at an accredited chiropractic college.
 †† ICA dues are not deductible as a charitable contribution for income tax purposes, but may be deductible as a business expense.