

## THE CHIROPRACTIC MODEL – BURNS

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to rest on our laurels and not develop? Absolutely not! The protocol is basically the same today as it was years ago.

If the CHIROPRACTIC philosophy, science and art, principle and practice ARE sound, what IS necessary TO KNOW, TO DO, TO GET sick people well?

1. Locate the vertebral subluxation
2. Because such leads to occlusion, pressure, location of interference between Innate and function, brain and body
3. Prove your conclusions are correct
4. Know when and where to adjust, and when to stop and do nothing more
5. From there on let Innate from above-down, inside-out do ITS work. Who amongst us wants to assert this procedure is wrong, unsound, a failure in actual use? How many of us have proved it these many years on millions of people? Then why dispute or deny it?

Or, if you ARE a chiropractor in fact, are your first thots —

- a. where is the vertebral subluxation?
- b. where is the interference between Innate and function?
- c. then you take spinographs
- d. and THEN you are ready to deliver an adjustment
- e. how long do these few single and simple things take?
- f. is an hour enuf time, or is that too long?
- g. how long does it take to give an adjustment?
- h. is one second enuf, or should it be stretched out to an hour or more with adjuncts, appliances, soothers, salves and what have you?

Anything more than this simple and single approach is camouflage, evasion, deceit, or alibi, to try to impress the patient that you are more than you are and Chiropractic is less than it is." [Palmer 1961, 214]

As Dr. Clarence Gonstead so aptly stated "Don't question the principle, only the application." [Gonstead 1974] If we analyze and correct the subluxation our patients will enjoy HEALTH care. If they follow the medical model of disease care they will think they are healthy when in fact they are only without symptoms.

We have many different ways to analyze the vertebral subluxation complex (VSC). The five component model of the vertebral subluxation complex was originally developed by Dr. Joe Flesia [1982]. The fifth component was altered by the Palmer College of Chiropractic Technique department to be more descriptive of what we are examining as a chiropractor. [Burns 1996]

A chiropractor can easily adapt the procedures listed above to examine for the presence of subluxation. These same examination procedures are also used for post checks to measure patient improvement. An example of a very efficient and low tech office visit would be to run a nervoscope (neuropathophysiology), perform motion palpation (kinesiopathology), perform static palpation (myopathology and histopathology) then look at the x-ray (arthropathophysiology). You are then

## Dr. Emm Brings Chiropractic to the Native American Community

Adrian Emm, D.C., a graduate of Life Chiropractic College West is pioneering chiropractic care to a community of people who aren't too familiar with this form of health care. Dr. Emm, who graduated in 2006, serves at the Walker River Tribal Health (WRTH) clinic in Schurz, as well as the Fallon Paiute-Shoshone Tribal Health (FPSTH) clinic in Fallon, both in the state of Nevada. He is a member of the Yerrington Paiute Tribe and grew up on the Walker River Indian Reservation.

Dr. Emm's day is similar to many DCs with his/her own practice. When he comes to the clinic, the receptionist provides him with his schedule for the day and the charts for the patients which contain their medical history, referrals to specialists, labs, and x-rays. The scheduling and the billing are done by the clinic, which are a part of the Indian Health Service (IHS), so the business operations are not Dr. Emm's responsibility. He spends Tuesdays and Thursdays at the WRTH clinic, and Mondays and Fridays at the FPSTH clinic.

While he was attending Life West, Dr. Emm stayed in contact with the director of the WRTH clinic. Through him he heard of a Milan Anderson, D.C., who was practicing at the Washoe Tribe Health Clinic in Dresslerville, Nevada. Through communications with Dr. Anderson and the director of the WRTH clinic, a contract was arranged for Dr. Emm. While applying for his Nevada license he was able to

ready to deliver an adjustment. As B.J. Palmer stated, "How long do these few single and simple things take?" [Palmer 1961]

I am hoping that our profession will come to the realization that we have our own protocols. We have no need to duplicate protocols of other professions. It is our job to educate the world about what we do as opposed to trying to adapt to protocols not suited to our profession. The purpose of chiropractic is to allow the body to express its fullest potential by removing interference between the brain and the body as those signals travel through or over the nerves.

We have in our possession a sacred trust. Guard it well. [Palmer 1961]

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practice under his Idaho license, which he applied for and received while waiting for the Nevada state Boards. Since the clinics are under federal law, any state license is acceptable, not just the license for the state in which a doctor practices in.

At the clinics Dr. Emm works closely with the medical doctors and Family Nurse Practitioners (FNPs) on staff and has developed a strong relationship with them. The MDs and FNPs are open to the various recommendations Dr. Emm makes for the patients. In addition to addressing their health concerns through



Dr. Emm outside the WRPT Clinic.

adjusting, Dr. Emm also educates the patients about chiropractic, good health and various lifestyle modifications. He says the medical doctors and the nurse practitioners appreciate it when they see the positive effects on patients because of the lifestyle modifications recommended by him. There is a great focus on patient care, and all the health care professionals collaborate and dis-

cuss what is the best course for the patient. One advantage Dr. Emm has as a chiropractor is that he is able to see the patients more frequently, enabling him to provide more consistent health care than the medical doctors.

Patient education is an important component of Dr. Emm's care. Education is done mostly one on one, though if the clinics conduct a health fair, Dr. Emm always participates. The education begins with discussing a patient's perceptions of chiropractic care and chiropractors at the first meeting. He then explains the nervous system and the various causes of subluxation, addressing the various stresses — physical, chemical, mental, and emotional — explaining to them how this affects their problem(s). He also provides the patient with various stretches and exercises, a process that is done over several weeks with a new tip and/or exercise at each visit.

Working for both of these clinics has special meaning for Dr. Emm who was raised in the community. "I understand the Native American people. I understand their way of life, their thoughts, actions and reasoning behind some of their actions. Some of this can't be taught or learned, it has to be experienced," said Dr. Emm. "My purpose is to help the Native American community, to incorporate some of the beneficial aspects of their culture, and to incorporate the chiropractic philosophy into the lives of my community."

The actual number of chiropractors practicing on Native American Reservations is not known, but it is hoped more DCs will take the initiative and serve in these communities in the future.

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